

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 13:15 untill 13:55. Teamleadmeeting @ 13:15 The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 14:08	
Heat: 3/8 Lane : 3 Athlete: FRANSSEN EMILY							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 1: 200M BACKSTROKE WOMEN 11+							Heat:4, starttime: 14:13	
Heat: 4/8 Lane : 3 Athlete: VANHEESWIJCK AMELEA							Q-time: 99:99:99	
PB (25m pool): 03:05.58 3500 Hasselt 24/11/2024				PB (50m pool): 03:07.35 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.21		01:31.39		02:20.78		03:05.58
	00:43.21		00:48.18		00:49.39		00:44.80	
								

Coach feedback:

Event number: 1: 200M BACKSTROKE WOMEN 11+							Heat:5, starttime: 14:17	
Heat: 5/8 Lane : 8 Athlete: LUDWICZAK LENA							Q-time: 99:99:99	
PB (25m pool): 03:08.42 3500 Hasselt 24/11/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.02		01:33.12		02:22.52		03:08.42
	00:44.02		00:49.10		00:49.40		00:45.90	
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 1: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 14:21	
Heat: 6/8 Lane : 5 Athlete: SCHOUTEDEN NIENTKE							Q-time: 03:01:38	
PB (25m pool): 02:53.37 3500 Hasselt 24/11/2024				PB (50m pool): 03:01.38SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.84		01:23.14		02:08.83		02:53.37
	00:39.84		00:43.30		00:45.69		00:44.54	
								

Coach feedback:

Event number: 1: 200M BACKSTROKE WOMEN 11+							Heat:7, starttime: 14:25	
Heat: 7/8 Lane : 1 Athlete: HUYBREGTS JOLIEN							Q-time: 02:57:20	
PB (25m pool): 02:46.06 Sint-Truiden 17/03/2024				PB (50m pool): 02:57.20SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:46.06
	no time							
								

Coach feedback:

Event number: 1: 200M BACKSTROKE WOMEN 11+							Heat:7, starttime: 14:25	
Heat: 7/8 Lane : 3 Athlete: NOUWEN FLEUR							Q-time: 02:51:99	
PB (25m pool): 02:56.77 De Sprink 22/12/2024				PB (50m pool): 02:51.99SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.28		01:28.19		no time		02:56.77
	00:42.28		00:45.91					
								

Coach feedback:

Event number: 1: 200M BACKSTROKE WOMEN 11+							Heat:7, starttime: 14:25	
Heat: 7/8 Lane : 6 Athlete: BEIJNSBERGER LOUISE							Q-time: 02:52:18	
PB (25m pool): 02:52.18 Hasselt 12/10/2025				PB (50m pool): 02:57.99SB: 02:52.18 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.28		01:24.04		02:10.23		02:52.18
	00:40.28		00:43.76		00:46.19		00:41.95	
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 1: 200M BACKSTROKE WOMEN 11+							Heat:7, starttime: 14:25	
Heat: 7/8 Lane : 7 Athlete: DE BELDER KATO							Q-time: 02:55:58	
PB (25m pool): 02:51.49 3500 Hasselt 24/11/2024				PB (50m pool): 02:55.58SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.50		01:24.57		02:08.92		02:51.49
	00:40.50		00:44.07		00:44.35		00:42.57	
								

Coach feedback:

Event number: 1: 200M BACKSTROKE WOMEN 11+							Heat:7, starttime: 14:25	
Heat: 7/8 Lane : 8 Athlete: REMANS QUIN							Q-time: 02:59:78	
PB (25m pool): 02:53.81 3500 Hasselt 24/11/2024				PB (50m pool): 02:59.78SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.28		01:25.76		02:12.09		02:53.81
	00:40.28		00:45.48		00:46.33		00:41.72	
								

Coach feedback:

Event number: 1: 200M BACKSTROKE WOMEN 11+							Heat:8, starttime: 14:28	
Heat: 8/8 Lane : 1 Athlete: VANGELOVEN FRAN							Q-time: 02:47:58	
PB (25m pool): 02:45.28 3500 Hasselt 24/11/2024				PB (50m pool): 02:47.58SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.46		01:21.91		02:04.50		02:45.28
	00:39.46		00:42.45		00:42.59		00:40.78	
								

Coach feedback:

Event number: 1: 200M BACKSTROKE WOMEN 11+							Heat:8, starttime: 14:28	
Heat: 8/8 Lane : 2 Athlete: THEUWISSEN NORE							Q-time: 02:44:04	
PB (25m pool): 02:42.75 3500 Hasselt 24/11/2024				PB (50m pool): 02:44.04SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.48		01:21.33		02:03.96		02:42.75
	00:38.48		00:42.85		00:42.63		00:38.79	
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 1: 200M BACKSTROKE WOMEN 11+							Heat:8, starttime: 14:28	
Heat: 8/8 Lane : 3 Athlete: WEVERS GITTE							Q-time: 02:30:01	
PB (25m pool): 02:30.01 Hasselt 12/10/2025				PB (50m pool): 02:37.52SB: 02:30.01 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.07		01:13.06		01:52.13		02:30.01
	00:35.07		00:37.99		00:39.07		00:37.88	
								

Coach feedback:

Event number: 1: 200M BACKSTROKE WOMEN 11+							Heat:8, starttime: 14:28	
Heat: 8/8 Lane : 6 Athlete: RUELENS COBIEN							Q-time: 02:41:82	
PB (25m pool): 02:41.82 Temse 17/11/2025				PB (50m pool): 02:52.56SB: 02:41.82 Temse 17/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.45		01:17.31		02:00.13		02:41.82
	00:36.45		00:40.86		00:42.82		00:41.69	
								

Coach feedback:

Event number: 1: 200M BACKSTROKE WOMEN 11+							Heat:8, starttime: 14:28	
Heat: 8/8 Lane : 8 Athlete: JORISKES LORE							Q-time: 02:49:79	
PB (25m pool): 02:51.27 3500 Hasselt 24/11/2024				PB (50m pool): 02:49.79SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.12		01:25.38		02:09.05		02:51.27
	00:41.12		00:44.26		00:43.67		00:42.22	
								

Coach feedback:

Event number: 2: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 14:36	
Heat: 2/6 Lane : 8 Athlete: VAN DEN HOORN EBE							Q-time: 99:99:99	
PB (25m pool): 02:43.19 3500 Hasselt 24/11/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.53		01:20.62		02:03.83		02:43.19
	00:38.53		00:42.09		00:43.21		00:39.36	
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 2: 200M BACKSTROKE MEN 11+							Heat:3, starttime: 14:40	
Heat: 3/6 Lane : 8 Athlete: BEIJNSBERGER MATHIJS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 2: 200M BACKSTROKE MEN 11+							Heat:5, starttime: 14:47	
Heat: 5/6 Lane : 3 Athlete: VANDIJCK SAMUEL							Q-time: 02:42:92	
PB (25m pool): 02:46.93 3500 Hasselt 26/11/2023				PB (50m pool): 02:42.92SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:46.93
	no time							
								

Coach feedback:

Event number: 2: 200M BACKSTROKE MEN 11+							Heat:6, starttime: 14:51	
Heat: 6/6 Lane : 2 Athlete: WALTERUS KILYAN							Q-time: 02:36:77	
PB (25m pool): 02:36.77 Temse 17/11/2025			PB (50m pool): 02:40.23SB: 02:36.77 Temse 17/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.11		01:18.03		01:58.54		02:36.77
	00:36.11		00:41.92		00:40.51		00:38.23	
								

Coach feedback:

Event number: 2: 200M BACKSTROKE MEN 11+							Heat:6, starttime: 14:51	
Heat: 6/6 Lane : 5 Athlete: DRIESEN SIEBE							Q-time: 02:26:84	
PB (25m pool): 02:24.38 3500 Hasselt 24/11/2024				PB (50m pool): 02:32.30SB: 02:26.84 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.86		01:10.68		01:48.45		02:24.38
	00:33.86		00:36.82		00:37.77		00:35.93	
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 2: 200M BACKSTROKE MEN 11+							Heat:6, starttime: 14:51	
Heat: 6/6 Lane : 8 Athlete: TIELEN SANDER							Q-time: 02:39:62	
PB (25m pool): 02:46.67 3500 Hasselt 26/11/2023				PB (50m pool): 02:39.62 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:46.67
	no time							
								

Coach feedback:

Event number: 5: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 15:10	
Heat: 3/6 Lane : 3 Athlete: VANDEWAERDE OOB					Q-time: 01:31:87	
PB (25m pool): 01:31.87 Hasselt 12/10/2025					PB (50m pool): 01:38.83SB: 01:31.87 Hasselt 12/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:41.97		01:31.87		
	00:41.97		00:49.90			
						

Coach feedback:

Event number: 5: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime: 15:12
Heat: 4/6 Lane : 5 Athlete: VANGELOVEN FRAN				Q-time: 01:21:82	
PB (25m pool): 01:21.82 Herentals 17/05/2025			PB (50m pool): 01:26.05SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.38		01:21.82	
	00:37.38		00:44.44		
					

Coach feedback:

Event number: 5: 100M BUTTERFLY WOMEN 11+							Heat:4, starttime: 15:12	
Heat: 4/6 Lane : 6 Athlete: SCHOUTEDEN NIENTKE							Q-time: 01:23:02	
PB (25m pool): 01:23.02 Hasselt 12/10/2025				PB (50m pool): 01:26.33SB: 01:23.02 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:37.88		01:23.02				
	00:37.88		00:45.14					
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 5: 100M BUTTERFLY WOMEN 11+					Heat:5, starttime: 15:14
Heat: 5/6 Lane : 1 Athlete: LAMBRIGTS GITTE					Q-time: 01:17:82
PB (25m pool): 01:17.82 Temse 17/11/2025					PB (50m pool): 01:19.60 SB: 01:17.82 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.57		01:17.82	
	00:35.57		00:42.25		
					

Coach feedback:

Event number: 5: 100M BUTTERFLY WOMEN 11+					Heat:5, starttime: 15:14
Heat: 5/6 Lane : 7 Athlete: BOUSSON JULIE					Q-time: 01:17:78
PB (25m pool): 01:17.78 Bree 21/12/2025					PB (50m pool): 01:21.26 SB: 01:17.78 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.58		01:17.78	
	00:35.58		00:42.20		
					

Coach feedback:

Event number: 5: 100M BUTTERFLY WOMEN 11+					Heat:5, starttime: 15:14
Heat: 5/6 Lane : 8 Athlete: KERKHOFS KAAT					Q-time: 01:18:51
PB (25m pool): 01:15.96 Sint-Truiden 17/03/2024					PB (50m pool): 01:19.46 SB: 01:20.30 Hasselt 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:15.96	
	no time				
					

Coach feedback:

Event number: 6: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 15:20
Heat: 2/5 Lane : 2 Athlete: TIMMERS BJARNE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 6: 100M BUTTERFLY MEN 11+					Heat:3, starttime: 15:23
Heat: 3/5 Lane : 5 Athlete: GEUTJENS MAXIME					Q-time: 01:16:92
PB (25m pool): 01:16.92 Hasselt 12/10/2025					PB (50m pool): 01:17.75 SB: 01:16.92 Hasselt 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.05		01:16.92	
	00:35.05		00:41.87		
					

Coach feedback:

Event number: 6: 100M BUTTERFLY MEN 11+					Heat:4, starttime: 15:25
Heat: 4/5 Lane : 3 Athlete: SERVVRANCKX SENNE					Q-time: 01:07:96
PB (25m pool): 01:07.96 LEUVEN 23/11/2025					PB (50m pool): 01:09.86 SB: 01:07.96 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.14		01:07.96	
	00:31.14		00:36.82		
					

Coach feedback:

Event number: 6: 100M BUTTERFLY MEN 11+					Heat:4, starttime: 15:25
Heat: 4/5 Lane : 4 Athlete: METTEN VINCE					Q-time: 01:07:16
PB (25m pool): 01:07.16 Herentals 17/05/2025					PB (50m pool): 01:06.67 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.49		01:07.16	
	00:31.49		00:35.67		
					

Coach feedback:

Event number: 6: 100M BUTTERFLY MEN 11+					Heat:4, starttime: 15:25
Heat: 4/5 Lane : 7 Athlete: DAEMEN JUUL					Q-time: 01:11:23
PB (25m pool): 01:11.23 LEUVEN 23/11/2025					PB (50m pool): 01:13.40 SB: 01:11.23 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.85		01:11.23	
	00:31.85		00:39.38		
					

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 6: 100M BUTTERFLY MEN 11+					Heat:5, starttime: 15:27
Heat: 5/5 Lane : 1 Athlete: DAEMEN TUUR					Q-time: 01:04:69
PB (25m pool): 01:04.69 Hasselt 12/10/2025			PB (50m pool): 01:06.40 SB: 01:04.69 Hasselt 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.34		01:04.69	
	00:29.34		00:35.35		
					

Coach feedback:

Event number: 6: 100M BUTTERFLY MEN 11+					Heat:5, starttime: 15:27
Heat: 5/5 Lane : 2 Athlete: EVENS MATS					Q-time: 01:03:39
PB (25m pool): 01:03.39 Hasselt 12/10/2025			PB (50m pool): 01:04.87 SB: 01:03.39 Hasselt 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.98		01:03.39	
	00:28.98		00:34.41		
					

Coach feedback:

Event number: 6: 100M BUTTERFLY MEN 11+					Heat:5, starttime: 15:27
Heat: 5/5 Lane : 4 Athlete: ORIS TIM					Q-time: 01:02:03
PB (25m pool): 01:01.93 De Sprink 04/06/2023			PB (50m pool): 01:04.64 SB: 01:02.03 Bree 21/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:01.93	
	no time				
					

Coach feedback:

Event number: 6: 100M BUTTERFLY MEN 11+					Heat:5, starttime: 15:27
Heat: 5/5 Lane : 8 Athlete: EVENS VINCE					Q-time: 01:05:66
PB (25m pool): 01:05.66 Temse 17/11/2025			PB (50m pool): 01:07.25 SB: 01:05.66 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.64		01:05.66	
	00:30.64		00:35.02		
					

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 7: 50M FREESTYLE WOMEN 11+							Heat:7, starttime: 15:50	
Heat: 7/7 Lane : 8 Athlete: JORISKES LORE							Q-time: 00:31:55	
PB (25m pool): 00:32.85 Sint-Truiden 17/03/2024							PB (50m pool): 00:31.55 SB: no time	
	2 5 M		5 0 M					
PB			00:32.85					
	00:32.85							
								

Coach feedback:

Event number: 8: 50M FREESTYLE MEN 11+							Heat:2, starttime: 15:53	
Heat: 2/6 Lane : 7 Athlete: BEIJNSBERGER MATHIJS							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

Event number: 8: 50M FREESTYLE MEN 11+						Heat:6, starttime: 15:58	
Heat: 6/6 Lane : 6 Athlete: DRIESEN SIEBE						Q-time: 00:26:35	
PB (25m pool): 00:26.35 Herentals 17/05/2025				PB (50m pool): no time SB: no time			
	2 5 M		5 0 M				
PB			00:26.35				
			00:26.35				
							

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 16:09	
Heat: 1/7 Lane : 6 Athlete: WEVERS GITTE							Q-time: 99:99:99	
PB (25m pool): 04:52.36 De Sprink 22/12/2024				PB (50m pool): 04:56.46 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:10.02		no time		02:25.54
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:52.36
								

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 16:17	
Heat: 2/7 Lane : 3 Athlete: LUDWICZAK JAGODA							Q-time: 07:03:36	
PB (25m pool): 07:03.36 Hasselt 12/10/2025				PB (50m pool): 07:48.90SB: 07:03.36 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:44.14		01:37.05		02:31.11		03:24.07
	00:44.14		00:52.91		00:54.06		00:52.96	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		04:19.15		05:13.39		06:08.22		07:03.36
	00:55.08		00:54.24		00:54.83		00:55.14	
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 16:17	
Heat: 2/7 Lane : 4 Athlete: BIANCHI MAIA							Q-time: 06:53:27	
PB (25m pool): 06:53.27 Hasselt 12/10/2025				PB (50m pool): 07:29.68SB: 06:53.27 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:42.17		01:35.05		02:28.29		03:20.97
	00:42.17		00:52.88		00:53.24		00:52.68	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		04:13.35		05:07.60		06:01.61		06:53.27
	00:52.38		00:54.25		00:54.01		00:51.66	
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 16:25	
Heat: 3/7 Lane : 4 Athlete: SMEETS ELLA							Q-time: 06:09:56	
PB (25m pool): 06:09.56 Pelt 05/10/2025				PB (50m pool): 07:40.25 SB: 06:09.56 Pelt 05/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:40.64		no time		03:27.71
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:09.56
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 16:25	
Heat: 3/7 Lane : 5 Athlete: VAN EIJGEN LOUISE							Q-time: 06:12:97	
PB (25m pool): 06:12.97 Hasselt 12/10/2025				PB (50m pool): 07:01.39SB: 06:12.97 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:40.02		01:26.00		02:13.55		03:02.44
	00:40.02		00:45.98		00:47.55		00:48.89	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:52.21		04:40.50		05:27.93		06:12.97
	00:49.77		00:48.29		00:47.43		00:45.04	
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 16:25	
Heat: 3/7 Lane : 8 Athlete: SCHROOTEN LIEN							Q-time: 06:42:81	
PB (25m pool): 06:42.81 Hasselt 12/10/2025				PB (50m pool): 07:12.82SB: 06:42.81 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:44.20		01:35.81		02:28.84		03:20.29
	00:44.20		00:51.61		00:53.03		00:51.45	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		04:11.16		05:02.32		05:54.28		06:42.81
	00:50.87		00:51.16		00:51.96		00:48.53	
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 16:32	
Heat: 4/7 Lane : 1 Athlete: MOORS CALISTA							Q-time: 05:58:22	
PB (25m pool): 05:58.22 Beringen 16/03/2025				PB (50m pool): no time SB: 05:59.71 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:21.46		no time		02:54.97
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:58.22
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 16:32	
Heat: 4/7 Lane : 4 Athlete: BEIJNSBERGER JULIE							Q-time: 05:46:38	
PB (25m pool): 05:46.38 Hasselt 12/10/2025				PB (50m pool): 06:25.11SB: 05:46.38 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:37.63		01:19.89		02:05.44		02:50.55
	00:37.63		00:42.26		00:45.55		00:45.11	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:36.34		04:21.70		05:04.33		05:46.38
	00:45.79		00:45.36		00:42.63		00:42.05	
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 16:32	
Heat: 4/7 Lane : 7 Athlete: NULENS AZZURRA							Q-time: 05:55:78	
PB (25m pool): 05:55.78 Hasselt 12/10/2025				PB (50m pool): 06:23.74SB: 05:55.78 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:39.29		01:24.53		02:10.64		02:56.47
	00:39.29		00:45.24		00:46.11		00:45.83	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:43.18		04:28.63		05:13.11		05:55.78
	00:46.71		00:45.45		00:44.48		00:42.67	
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:5, starttime: 16:38	
Heat: 5/7 Lane : 2 Athlete: VANDEWAERDE OOB							Q-time: 05:30:68	
PB (25m pool): 05:30.68 Aarschot 04/05/2025				PB (50m pool): 05:37.98SB: 05:31.46 Bree 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:19.13		no time		02:44.56
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:30.68
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:5, starttime: 16:38	
Heat: 5/7 Lane : 3 Athlete: DE BELDER KATO							Q-time: 05:26:56	
PB (25m pool): 05:13.40 De Sprink 22/12/2024				PB (50m pool): 05:26.56SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:15.29		no time		02:36.52
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:13.40
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:5, starttime: 16:38	
Heat: 5/7 Lane : 4 Athlete: VANHEESWIJCK AMELEA							Q-time: 05:23:70	
PB (25m pool): 05:23.70 Aarschot 04/05/2025				PB (50m pool): 05:24.82SB: 05:25.38 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:14.48		no time		02:38.84
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:23.70
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:5, starttime: 16:38	
Heat: 5/7 Lane : 6 Athlete: REMANS QUIN							Q-time: 05:26:57	
PB (25m pool): 05:26.57 Hasselt 12/10/2025				PB (50m pool): 05:34.92SB: 05:26.57 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:35.10		01:15.67		01:57.77		02:39.99
	00:35.10		00:40.57		00:42.10		00:42.22	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:22.78		04:05.16		04:46.95		05:26.57
	00:42.79		00:42.38		00:41.79		00:39.62	
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:5, starttime: 16:38	
Heat: 5/7 Lane : 8 Athlete: FRANSSEN EMILY							Q-time: 05:43:94	
PB (25m pool): 05:43.94 Aarschot 04/05/2025				PB (50m pool): 05:59.96SB: 05:51.25 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:19.51		no time		02:48.19
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:43.94
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:6, starttime: 16:45	
Heat: 6/7 Lane : 1 Athlete: HUYBREGTS JOLIEN							Q-time: 05:18:47	
PB (25m pool): 05:06.21 De Sprink 22/12/2024				PB (50m pool): 05:18.47 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:11.20		no time		02:30.63
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:06.21
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:6, starttime: 16:45	
Heat: 6/7 Lane : 2 Athlete: LAMBRIGTS GITTE							Q-time: 05:10:78	
PB (25m pool): 05:10.78 Bree 21/12/2025				PB (50m pool): no time SB: 05:10.78 Bree 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:10.89		no time		02:31.06
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:10.78
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:6, starttime: 16:45	
Heat: 6/7 Lane : 4 Athlete: NOUWEN FLEUR							Q-time: 05:02:19	
PB (25m pool): 05:02.19 Bree 21/12/2025				PB (50m pool): 05:09.05SB: 05:02.19 Bree 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:11.87		no time		02:29.66
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:02.19
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:6, starttime: 16:45	
Heat: 6/7 Lane : 6 Athlete: BOUSSON JULIE							Q-time: 05:07:99	
PB (25m pool): 05:07.99 Hasselt 12/10/2025				PB (50m pool): 05:59.37SB: 05:07.99 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.28		01:12.70		01:51.97		02:31.33
	00:33.28		00:39.42		00:39.27		00:39.36	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:11.21		03:51.33		04:31.21		05:07.99
	00:39.88		00:40.12		00:39.88		00:36.78	
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:6, starttime: 16:45	
Heat: 6/7 Lane : 7 Athlete: BEIJNSBERGER LOUISE							Q-time: 05:17:05	
PB (25m pool): 05:17.05 Hasselt 12/10/2025				PB (50m pool): 05:22.44SB: 05:17.05 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.79		01:13.56		01:54.47		02:35.19
	00:34.79		00:38.77		00:40.91		00:40.72	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:16.06		03:57.45		04:38.32		05:17.05
	00:40.87		00:41.39		00:40.87		00:38.73	
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:6, starttime: 16:45	
Heat: 6/7 Lane : 8 Athlete: LUDWICZAK LENA							Q-time: 05:18:89	
PB (25m pool): 05:18.89 Hasselt 12/10/2025				PB (50m pool): no time SB: 05:18.89 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:37.15		01:17.37		01:58.73		02:38.85
	00:37.15		00:40.22		00:41.36		00:40.12	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:20.36		04:01.28		04:42.03		05:18.89
	00:41.51		00:40.92		00:40.75		00:36.86	
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:7, starttime: 16:50	
Heat: 7/7 Lane : 1 Athlete: THEUWISSEN NORE							Q-time: 04:57:49	
PB (25m pool): 04:57.49 Hasselt 12/10/2025				PB (50m pool): 05:00.72 SB: 04:57.49 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.81		01:11.41		01:49.68		02:28.01
	00:33.81		00:37.60		00:38.27		00:38.33	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:06.51		03:44.84		04:22.79		04:57.49
	00:38.50		00:38.33		00:37.95		00:34.70	
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:7, starttime: 16:50	
Heat: 7/7 Lane : 2 Athlete: KERKHOFs KAAT							Q-time: 04:52:17	
PB (25m pool): 04:52.17 Hasselt 12/10/2025				PB (50m pool): 05:03.46 SB: 04:52.17 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.04		01:10.64		01:47.87		02:24.88
	00:34.04		00:36.60		00:37.23		00:37.01	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:02.00		03:39.41		04:16.34		04:52.17
	00:37.12		00:37.41		00:36.93		00:35.83	
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:7, starttime: 16:50	
Heat: 7/7 Lane : 8 Athlete: RUELENS COBIEN							Q-time: 04:58:33	
PB (25m pool): 04:58.33 Hasselt 12/10/2025				PB (50m pool): 05:21.17 SB: 04:58.33 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.76		01:11.29		01:50.01		02:28.92
	00:33.76		00:37.53		00:38.72		00:38.91	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:07.37		03:45.92		04:23.76		04:58.33
	00:38.45		00:38.55		00:37.84		00:34.57	
								

Coach feedback:

Event number: 11: 400M FREESTYLE MEN 11+							Heat:1, starttime: 16:56	
Heat: 1/7 Lane : 5 Athlete: ORIS TIM							Q-time: 99:99:99	
PB (25m pool): 04:22.23 Bree 21/10/2018				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:22.23
								

Coach feedback:

Event number: 11: 400M FREESTYLE MEN 11+							Heat:2, starttime: 17:05	
Heat: 2/7 Lane : 4 Athlete: METTEN VINCE							Q-time: 99:99:99	
PB (25m pool): 04:42.68 Sint-Truiden 17/03/2024				PB (50m pool): 05:16.51 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:42.68
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 11: 400M FREESTYLE MEN 11+							Heat:3, starttime: 17:13	
Heat: 3/7 Lane : 2 Athlete: BIESIADECKI ALEXANDER							Q-time: 07:03:27	
PB (25m pool): 07:03.27 Hasselt 12/10/2025				PB (50m pool): no time SB: 07:03.27 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:45.62		01:38.10		02:31.80		03:26.40
	00:45.62		00:52.48		00:53.70		00:54.60	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		04:21.22		05:17.00		06:11.51		07:03.27
	00:54.82		00:55.78		00:54.51		00:51.76	
								

Coach feedback:

Event number: 11: 400M FREESTYLE MEN 11+							Heat:3, starttime: 17:13	
Heat: 3/7 Lane : 4 Athlete: SEGERS FERRE							Q-time: 06:23:70	
PB (25m pool): 06:23.70 Hasselt 12/10/2025				PB (50m pool): 07:17.44SB: 06:23.70 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:42.32		01:30.79		02:19.52		03:08.90
	00:42.32		00:48.47		00:48.73		00:49.38	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:58.40		04:48.07		05:37.44		06:23.70
	00:49.50		00:49.67		00:49.37		00:46.26	
								

Coach feedback:

Event number: 11: 400M FREESTYLE MEN 11+							Heat:4, starttime: 17:21	
Heat: 4/7 Lane : 2 Athlete: NIJS VIKTOR							Q-time: 06:19:48	
PB (25m pool): 06:19.48 Hasselt 12/10/2025				PB (50m pool): 08:41.54SB: 06:19.48 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:42.48		01:29.27		02:17.44		03:06.47
	00:42.48		00:46.79		00:48.17		00:49.03	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:55.84		04:44.04		05:34.02		06:19.48
	00:49.37		00:48.20		00:49.98		00:45.46	
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 11: 400M FREESTYLE MEN 11+							Heat:4, starttime: 17:21	
Heat: 4/7 Lane : 4 Athlete: RUELENS HENRI							Q-time: 06:02:28	
PB (25m pool): 06:02.28 Hasselt 12/10/2025				PB (50m pool): 06:32.46SB: 06:02.28 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:42.18		01:28.11		02:15.16		03:02.98
	00:42.18		00:45.93		00:47.05		00:47.82	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:48.70		04:35.63		05:20.80		06:02.28
	00:45.72		00:46.93		00:45.17		00:41.48	
								

Coach feedback:

Event number: 11: 400M FREESTYLE MEN 11+							Heat:4, starttime: 17:21	
Heat: 4/7 Lane : 6 Athlete: TIMMERS BJARNE							Q-time: 06:08:21	
PB (25m pool): 06:08.21 Beringen 16/03/2025				PB (50m pool): 06:19.69SB: 06:17.47 Pelt 05/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:27.44		no time		03:02.57
	no time							
	...	...	...	...	...	...	...	...
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:08.21
	...	...	...	...	...	...	...	...

Coach feedback:

Event number: 11: 400M FREESTYLE MEN 11+							Heat:4, starttime: 17:21	
Heat: 4/7 Lane : 8 Athlete: MOORS VICTOR							Q-time: 06:20:98	
PB (25m pool): 06:20.98 Hasselt 12/10/2025				PB (50m pool): 07:14.46SB: 06:20.98 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:41.40		01:28.95		02:18.31		03:07.23
	00:41.40		00:47.55		00:49.36		00:48.92	
	...	...	...	...	...	...	...	...
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:57.49		04:45.99		05:34.81		06:20.98
	00:50.26		00:48.50		00:48.82		00:46.17	
	...	...	...	...	...	...	...	...

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 11: 400M FREESTYLE MEN 11+							Heat:5, starttime: 17:28	
Heat: 5/7 Lane : 3 Athlete: JORISKES GIJS							Q-time: 05:23:28	
PB (25m pool): 05:23.28 Hasselt 12/10/2025				PB (50m pool): 05:39.72SB: 05:23.28 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:37.22		01:18.08		01:59.99		02:41.18
	00:37.22		00:40.86		00:41.91		00:41.19	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:22.75		04:04.03		04:44.87		05:23.28
	00:41.57		00:41.28		00:40.84		00:38.41	
								

Coach feedback:

Event number: 11: 400M FREESTYLE MEN 11+							Heat:5, starttime: 17:28	
Heat: 5/7 Lane : 4 Athlete: BOSMANS VINCE							Q-time: 05:13:73	
PB (25m pool): 05:13.73 Hasselt 12/10/2025				PB (50m pool): 05:21.82SB: 05:13.73 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.60		01:13.28		01:53.74		02:34.43
	00:34.60		00:38.68		00:40.46		00:40.69	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:15.19		03:56.47		04:37.36		05:13.73
	00:40.76		00:41.28		00:40.89		00:36.37	
								

Coach feedback:

Event number: 11: 400M FREESTYLE MEN 11+							Heat:5, starttime: 17:28	
Heat: 5/7 Lane : 7 Athlete: FERREIRA CRAVO ENZO							Q-time: 05:40:47	
PB (25m pool): 05:40.47 Hasselt 12/10/2025				PB (50m pool): 05:46.25 SB: 05:40.47 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:37.52		01:20.30		02:04.31		02:48.81
	00:37.52		00:42.78		00:44.01		00:44.50	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:32.82		04:16.68		05:00.05		05:40.47
	00:44.01		00:43.86		00:43.37		00:40.42	
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 11: 400M FREESTYLE MEN 11+							Heat:6, starttime: 17:34	
Heat: 6/7 Lane : 1 Athlete: GEUTJENS MAXIME							Q-time: 04:58:15	
PB (25m pool): 04:58.15 Hasselt 12/10/2025				PB (50m pool): 05:25.60SB: 04:58.15 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:32.85		01:08.70		01:46.28		02:24.26
	00:32.85		00:35.85		00:37.58		00:37.98	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:02.66		03:41.67		04:20.67		04:58.15
	00:38.40		00:39.01		00:39.00		00:37.48	
								

Coach feedback:

Event number: 11: 400M FREESTYLE MEN 11+							Heat:6, starttime: 17:34	
Heat: 6/7 Lane : 2 Athlete: WALTERUS KILYAN							Q-time: 04:49:01	
PB (25m pool): 04:49.01 Hasselt 12/10/2025				PB (50m pool): 04:57.02SB: 04:49.01 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:32.43		01:09.55		01:46.67		02:24.22
	00:32.43		00:37.12		00:37.12		00:37.55	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:01.82		03:38.54		04:15.27		04:49.01
	00:37.60		00:36.72		00:36.73		00:33.74	
								

Coach feedback:

Event number: 11: 400M FREESTYLE MEN 11+							Heat:6, starttime: 17:34	
Heat: 6/7 Lane : 3 Athlete: SERVVRANCKX SENNE							Q-time: 04:47:89	
PB (25m pool): 04:53.07 De Sprink 23/12/2023				PB (50m pool): 04:47.89SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:53.07
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 11: 400M FREESTYLE MEN 11+							Heat:6, starttime: 17:34	
Heat: 6/7 Lane : 4 Athlete: VAN DEN HOORN EBE							Q-time: 04:45:26	
PB (25m pool): 04:45.26 Beringen 16/03/2025				PB (50m pool): 05:02.32SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:06.77		no time		02:20.06
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:45.26
								

Coach feedback:

Event number: 11: 400M FREESTYLE MEN 11+							Heat:7, starttime: 17:40	
Heat: 7/7 Lane : 1 Athlete: VANDIJCK SAMUEL							Q-time: 04:42:69	
PB (25m pool): 04:42.69 Hasselt 12/10/2025				PB (50m pool): 04:52.03SB: 04:42.69 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:30.89		01:06.48		01:42.25		02:18.58
	00:30.89		00:35.59		00:35.77		00:36.33	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:55.12		03:31.32		04:08.19		04:42.69
	00:36.54		00:36.20		00:36.87		00:34.50	
								

Coach feedback:

Event number: 11: 400M FREESTYLE MEN 11+							Heat:7, starttime: 17:40	
Heat: 7/7 Lane : 2 Athlete: DAEMEN JUUL							Q-time: 04:32:90	
PB (25m pool): 04:32.90 Bree 21/12/2025				PB (50m pool): 05:03.04SB: 04:32.90 Bree 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:04.40		no time		02:15.63
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:32.90
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 11: 400M FREESTYLE MEN 11+							Heat:7, starttime: 17:40	
Heat: 7/7 Lane : 3 Athlete: TIELEN SANDER							Q-time: 04:30:71	
PB (25m pool): 04:30.71 Bree 21/12/2025				PB (50m pool): 04:39.93SB: 04:30.71 Bree 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:03.87		no time		02:13.41
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:30.71
								

Coach feedback:

Event number: 11: 400M FREESTYLE MEN 11+							Heat:7, starttime: 17:40	
Heat: 7/7 Lane : 6 Athlete: EVENS MATS							Q-time: 04:31:38	
PB (25m pool): 04:24.94 3500 Hasselt 20/10/2024				PB (50m pool): 04:31.38SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:29.03		01:01.66		01:35.23		02:09.21
	00:29.03		00:32.63		00:33.57		00:33.98	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:43.36		03:17.63		03:52.23		04:24.94
	00:34.15		00:34.27		00:34.60		00:32.71	
								

Coach feedback:

Event number: 11: 400M FREESTYLE MEN 11+							Heat:7, starttime: 17:40	
Heat: 7/7 Lane : 7 Athlete: DAEMEN TUUR							Q-time: 04:33:25	
PB (25m pool): 04:33.25 LEUVEN 23/11/2025				PB (50m pool): 04:55.46SB: 04:33.25 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:28.99		01:02.18		01:36.32		02:11.54
	00:28.99		00:33.19		00:34.14		00:35.22	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:46.87		03:23.06		03:59.53		04:33.25
	00:35.33		00:36.19		00:36.47		00:33.72	
								

Coach feedback:

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 11: 400M FREESTYLE MEN 11+							Heat:7, starttime: 17:40	
Heat: 7/7 Lane : 8 Athlete: EVENS VINCE							Q-time: 04:44:40	
PB (25m pool): 04:46.51 De Sprink 22/12/2024				PB (50m pool): 04:44.40 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:08.38		no time		02:21.61
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:46.51
								

Coach feedback: